

DR.GARIS L SILEGA

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Chairman Health Tourism International Chamber of Commerce

President Miss Nature International

President New York Tourism International Film Festival

President Hippocrates Magazine

EDUCATION

Medical Education:

University of Havana:

Superior Institute of Medical Science of Havana, **M.D.** 1986

Residency Training:

Resident in Physical Medicine and Rehabilitation, (Center for Medical and Surgical Research, Cuba), CIMEQ, 1989-1992

Board Certifications:

Doctor in Medicine, University of Havana, 1986

Diplomat, Board Certified by Cuba **Board of Physical Medicine and Rehabilitation**, 1992

AWARDS:

Internship: Implementation of Maternal and Child programs in Baracoa, Cuba September 1985 - October 1986

Epidemiology control, DAAFAR, Cuba March 1987 - July 1987

TEACHING EXPERIENCE

Military Hospital, "Carlos J Finlay"

Medical Response to International Disaster 1990

Hospital "Hnos Amiejeiras" 1991

Medical Servicers in rural areas

International Medical attention in Tourism 1992

MINSAP, Cuba 1992

RELATED EXPERIENCE

Use of potables water how prevention in rural communities
Science Publisher, 16 April, Havana, 1984
Sanatorium cures in TB, Topes de Collantes, Cuba, 1988

Research: PI (Principal investigator) in:

Combat Human trafficking, USAID, 2009
Combat Malaria in Africa, USAID, 2009
Habitat Conservation, NOAA, 2009
Canola, USDA, 2009
Food Projects, USDA, 2009
Develop of Rural areas, USDA, 2009
Thermalism in Psoriasis, NIH, 2009
Suicide Prevention Department of Defense, 2009
International Institute of Hydrology and Climatology, NIH, 2009
Health Research Challenger for Deliver, (United States Eagles
International Medical Brigades USAID, 2009

EMPLOYMENT :

Current Positions:

Health Tourism International Chamber of Commerce. Chairman 2004-
Present

Gaviota Corporation. President 2007-present

American Society of Medical Hydrology and Climatology, President
2007- Present

World Health Tourism Organization, President 2002-present

Casa de las Américas Inc., President, 2001-Present, NJ

Medical Resident: INTERNATIONAL CENTER FOR NEUROLOGICAL
RESTORATION. Havana 1989-1991

Medical Director, Gaviota travel Clinic, NJ 2007-present
Medical Residency, Rehabilitation labor, Educational and Vocational, Julio Diaz Hospital, 1991
Medical residency, Rehabilitation in Burner, Hnos Ameijeiras, 1991
Medical Residency, Rehabilitation in pediatric patients, Julio Diaz Hospital, Habana, 1991
Medical Residency, Rehabilitation dermatology, Covadonga Hospital, Havana, 1990
Medical Residency, Rehabilitation Cardiovascular, Cardiovascular Institute, Havana, 1990
Medical Residency, Rehabilitation Pulmonary, Hospital Juridico, Havana, 1990
Medical Residency, Orthosis, Prothesis and Orthopedics devices, CUBA_RDA, 1990
Medical residency, Orthopedic and Trauma, CIMEQ 1990
Medical Residency Rehabilitation and Physical Medicine, CIMEQ, 1989-1990
Medical director of Medical services of DAAFAR, Havana, Cuba, 1986-1989
ATTENDING PHYSICIAN, ELGUEA SPRINGS REHABILITATION HOSPITAL

EDUCATION (Trainee)

2009: infoEds SPINplus in , Columbia University NY, NY
2009: Responsible Conduct of Research: Conflicts of Interest in , Columbia University NY.NY
2009: Rascal Training: How to use Consent Form Builder in, Columbia University NY. NY
2009: HIPAA: Health Insurance and Portability Accountability Act R in, Columbia University NY. NY
2009: Effort Reporting training in , Columbia University NY.NY
2009: Rascal Training : How to do Human Subjects Protocols in , Colombia University NY.NY
2009: Basic Biomed with FDA in, CITI Collaborative Training Institute. Univ. of Miami. FL
1998: Medical safety , UMDNJ Newark, NJ
1994: English Second language in English language, Rutgers University Newark, NJ

1986: MD in Doctor in Medicine, University of Havana Cuba

PUBLICATIONS AND PAPERS

Book:

*Health Tourism 1992. Science -technology publisher 1996-
Library of Congress*

Screenplay:

La Virgen de Regla (Screenwriter and producer) 2009
Trench- 2009 (Screenwriter and producer)

Presentations & Publications:

"Stroke Rehabilitation," delivered to INTERNATIONAL CENTER
FOR NEUROLOGICAL RESTORATION, La Havana, Cuba 1998

"Rehabilitation and Prevention of Cerebral-vascular
Accidents," delivered to Center for Medical and Surgical
Research (CIMEQ) 1990

"Rehabilitation of Spinal Cord Injuries," delivered To
Military Hospital "Carlos J Finlay" University of Havana of
Medicine, Cuba 1991

"Rehabilitation of Orthopedic Patients," delivered to
Residents in Orthopedics, University of Havana, Cuba, 1991

"Use of magnetic Field in the Rehabilitation of Patient
with Cerebrovascular accident", International Center for
neurological restoration, University of Havana, 1991

"Thermal treatment in Rehabilitation," University of
Havana, 1992

"Thalasootherapy in Rehabilitation," for Medical and
Surgical Research (CIMEQ) 1992

"Use of magnetic Field in the Rehabilitation of Patient
with Glaucoma " delivered To Military Hospital "Carlos J
Finlay"
University of Havana of Medicine, Cuba 1992

"Non-Surgical Management of Back Pain," delivered to
University of Havana, 1992 School of Medicine program
titled "R

Articles in magazine, newspaper around the world about of
Thermalism and Climatology

LANGUAGES

Spanish-native languages

English

Portuguese

MEMBERSHIPS

International society of Hydrology and Climatology

International Society of Thermalism

